



SSC RECREATIONAL YOUTH SOCCER U13-19 RULES AND POLICIES

Player Format:

11V11

Duration of Match:

The game shall be divided into two (2) equal halves of thirty-five (35) minutes each for 13/14, forty (40) minutes each for U15/16 or forty-five (45) minutes each for 17+.

There shall be a half time interval of five (5) minutes.

Ball Size:

Size five (5)

Player's Equipment:

Footwear: Soft-cleated soccer shoes.

Shin guards: MANDATORY AND WORN UNDER SOCKS

Number of Players:

The maximum number of players on the field per team at any one time is eleven (11), one of which is a goalkeeper.

The minimum number of players to start the match is seven (7).

Maximum number of players on the roster should not exceed twenty-two (22).

No more than 18 players may be in uniform and/or participate in a single game.

Game Play:

Start of Play:

A. Conforms to FIFA Laws of the Game

Ball In and Out of Play:

A. Conforms to FIFA Laws of the Game

Method of Scoring:

A. Conforms to FIFA Laws of the Game

Offside:

A. Conforms to FIFA Laws of the Game

Fouls and Misconduct:

A. Conforms to FIFA Laws of the Game

Free Kicks

A. Conforms to FIFA Laws of the Game

Penalty Kicks

A. Conforms to FIFA Laws of the Game

Throw In

A. Conforms to FIFA Laws of the Game

Goal Kick

A. Conforms to FIFA Laws of the Game

Corner Kick

A. Conforms to FIFA Laws of the Game

Slide Tackles:

Slide tackles shall be permitted.

Heading:

Heading shall be permitted.

Substitutions:

Substitutions are unlimited. Taken at the following times:

- Prior to a throw-in by either team.
- Prior to a goal kick by either team.
- Following a goal by either team.
- After an injury by either team, if the injured player is substituted.
- After a caution is issued for the cautioned player only. (The opposing team may substitute an equal number of players)
- At halftime.
- Players shall enter the field at the halfway line with the permission of the Referee.

Playing time:

Each Player shall play a minimum of 50% of the total playing time.

Referees:

Registered USSF Referee

Assistant Referees:

Registered USSF Referees

Match Officials:

All matches are to be officiated by a center referee and two assistant referees.

Game Cards:

Each team should bring one printed game card to each game. Each coach will leave with a completed game card signed by the competing coach. After each game, the winning coach must either scan the QR code or go to the GotSport website to enter the final score. This information can be found at the top of the gamecard. Coaches must maintain the game cards, in their possession, until 30 days after the season is over

Scores/Standings:

All scores are to be recorded on both game cards by the referee and verified by each coach at the conclusion of the match (if a result or score is to be protested, the coach should note such on the game cards and must file a protest in

writing to SSC within 72 hours).

Mercy Rule:

There will be a 10-goal mercy rule if the losing coach requests it. The Mercy Rule cannot be applied until the first half has ended. The losing coach must notify the referee at half time if invoking Mercy Rule.

Coaching:

All persons coaching SSC players must be registered with the club and have an approved background check. **Only** registered/approved coaches, assistant coaches, trainers and managers may coach games or participate with players during team activities practice.

Medical Devices:

All medical devices (casts, supports, braces, etc.) are subject to the approval of the referee with respect to player safety. Players with medical devices should have them padded in advance of the game and check in with the referee

Hydration Breaks:

Prior to the match, both teams may agree to hydration breaks if desired. If agreed upon, the coaches must inform the referee prior to the start of play and request hydration breaks near the midpoint of each half of play. If employed, hydration breaks shall occur at a natural stoppage of play, at the referee's direction, and shall be no longer than two minutes in length. The game clock shall continue to run during the break. Players on the field at the time of hydration breaks may not leave the field and substitutions may not occur.

Post-Game Sportsmanship:

All players and coaches should congratulate each other for a game well-played with handshakes/high fives along the halfway line. Parents are encouraged to form tunnels and cheer for players as they return to the sidelines.

Sideline Behavior:

Coaches and spectators should keep all comments positive and supportive of the players. Spectators should refrain from providing playing instructions to the players which should only be done by the coaching staff. No referee abuse will be tolerated. Coaches may be cautioned or sent off by the referee for behavior in violation of the BASC Code of Conduct by the team's staff, players or their respective spectator sidelines.

Let's work together to improve the quality of our games and ensure the development of all players.